

Should I send my child to school with cold type symptoms?

Do not send your child to their nursery, childminder, school or college if they are showing coronavirus (COVID-19) symptoms:

- **A high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **Or a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **Or a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal
- **OR someone in their household is showing coronavirus (COVID-19) symptoms**



Children with simple cold symptoms such as runny noses or sore throats without fever who would normally have attended schools in other times should not be tested for COVID-19 and can still go to school if not unwell.

Arrange a test only if you or your child or member of your household develops coronavirus (COVID-19) symptoms. Inform your nursery, childminder, school or college of the results.

For advice about other conditions that may mean your child needs to stay off school see [here](#).

If you are worried that your child is unwell use 111. nhs.uk or call 111 or contact your GP.

Additional advice to know if your child is unwell is [here](#).

STAY SAFE
IN NORTH YORKSHIRE